

# THE PERFECT STRING?



The most commonly used string material is nylon. More than half of all tennis players have their racket strung with nylon strings. Of the four materials, nylon is the cheapest option. The string consists of a single-fibre nylon core, which is surrounded by several individual fibres and a protective layer. The great advantage of nylon strings is the balanced ratio of playing comfort to durability. Although these strings are a little stiffer than natural gut strings, you still have solid stroke control and ball acceleration. Nylon strings are generally more durable than natural gut strings, making them ideal for tennis players with normal string wear.



Second in terms of comfort to only natural gut is multifilament. These strings are made up of hundreds and even thousands of microfilaments. They incorporate the use of polyurethane for strong elasticity, and control at higher tensions. At lower tensions, multifilaments offer high levels of power, and are a great way to soften a stiffer frame. If you have experienced tennis elbow, or a sore wrist after playing, multifilaments can help. Multifilaments offer strong shock absorption and feel, but will fray and lose tension quite a bit faster than natural gut.



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Natural gut strings offer you the best comfort. They are very elastic, which gives you very good acceleration and high spin. Strings made of natural gut are especially suitable for tennis players with arm problems, because they absorb vibrations very well. However, natural gut strings are sensitive to weather conditions and break relatively quickly. The complex production process also makes these strings very expensive to buy.



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**STRINGS**

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